

★Practice Site :

- No.1··Gifu Civic General Gymnasium ·A··Judo Hall
- No.2··Gifu City Gymnasium ·B··Martial arts training hall
- No.3··GIFU MEDIA COSMOS (ODORU STUDIO)

Revised:09/03/2024

# 10 / 2024 Schedule

## (1) General Class (G)

Mon.		Wed.	Thu.	Sat.	Sun.	Notes
G	B&B	G	B&B	G	G	
7	(2).	2 19 : 15~ 2-A	(2).	5 10 : 20~ 1-A	★6 11 : 10~ 1-A	★6(Sun.): <b>Special Practice with Jo</b> (*Bring your own Jo if you have.)
19 : 15~ 1-A		9 19 : 15~ 2-A		★12 Closed	★13 11 : 10~ 1-A	★12(Sat.): <b>Closed</b> ★13(Sun.): <b>Promotion Examination for Kyu rank</b>
★14 19 : 15~ 1-B		16 19 : 15~ 2-A		19 10 : 20~ 1-A	★20 11 : 10~	★14(Mon.) @Martial arts training hall ★20(Sun.) @Martial arts training hall
21 19 : 15~ 1-A		23 19 : 15~ 2-A		26 10 : 20~ 1-A	★27 11 : 10~	★27(Sun.) @Martial arts training hall
★28 Closed		30 19 : 15~ 2-A				★28(Mon.): <b>Closed</b>

## (2) Basic & Breathing Class (B&B)

Mon.		Wed.	Thu.	Sat.	Sun.	Notes
G	B&B	G	B&B	G	G	
(1).		(1).	3 10 : 20~ 2-A	(1).	(1).	★6(Sun.): <b>Special Practice with Jo</b> (*Bring your own Jo if you have.)
	7 11 : 10~ 2-A		10 09 : 15~ 2-A			★17(Thu.): <b>Promotion Examination for Kyu rank</b>
	14 11 : 10~ 2-A		★17 10 : 20~ 2-A			★24(Thu.) @Kendo hall
	21 11 : 10~ 2-A		★24 09 : 15~			
	28 11 : 10~ 2-A		★ 31 10 : 20~ 2-A			

### [Upcoming events]

- 10 / 12 (Sat.) ···<Once a Month!> Aikido Lesson @Gifu Media Cosmos (17 : 15 – 18 : 45)
- 10 / 26 (Sat.) ···The Aikido Experience Event @Gifu Media Cosmos (15 : 15 – 16 : 45)
- 11 / 15 (Fri.) ···The Aikido Experience Event @Gifu Media Cosmos (17 : 15 – 18 : 45)
- 11 / 30 (Sat.) ···<Once a Month!> Aikido Lesson @Gifu Media Cosmos (17 : 15 – 18 : 45)
- 12 / 14 (Sat.) ···The Aikido Experience Event @Gifu Media Cosmos (17 : 15 – 18 : 45)
- 12 / 28 (Sat.) ···<Once a Month!> Aikido Lesson @Gifu Media Cosmos (15 : 15 – 16 : 45)