

★Practice Site :

- No.1··Gifu Civic General Gymnasium ·A··Judo Hall
- No.2··Gifu City Gymnasium ·B··Martial arts training hall
- No.3··GIFU MEDIA COSMOS (ODORU STUDIO)

Revised:11/02/2024

12 / 2024 Schedule

(1) General Class (G)

Mon.		Wed.	Thu.	Sat.	Sun.	Notes		
G	B&B	G	B&B	G	G			
	(2).		(2).		★1	★1(Sun.): Special Practice with Jo (*Bring your own Jo if you have.)		
							11 : 10~	
						1-A		
2				4		7	8	
19 : 15~				19 : 15~		10 : 20~	11 : 10~	
1-A				2-A		1-A	1-A	
★9				11		★14	15	★9(Mon.), 14(Sat.) @ Martial arts training hall
19 : 15~				19 : 15~		10 : 20~	11 : 10~	
1-B				2-A		1-B	1-A	
16				18		21	22	
19 : 15~		19 : 15~		10 : 20~	11 : 10~			
1-A		2-A		1-A	1-A			
★23		25		28		★23(Mon.): Closed		
Closed		19 : 15~		10 : 20~				
		2-A		1-A				

(2) Basic & Breathing Class (B&B)

Mon.		Wed.	Thu.	Sat.	Sun.	Notes
G	B&B	G	B&B	G	G	
	2		5			★1(Sun.): Special Practice with Jo (*Bring your own Jo if you have.)
	11 : 10~		10 : 20~			
	2-A		2-A			
	9		12			
	11 : 10~		09 : 10~			
	2-A		2-A			
	16		19			
	11 : 10~		10 : 20~			
	2-A		2-A			
	23		26			
	11 : 10~		09 : 10~			
	2-A		2-A			

【Upcoming events】

- 12 / 14 (Sat.) …The Aikido Experience Event @Gifu Media Cosmos (17 : 15–18 : 45)
- 12 / 28 (Sat.) …<Once a Month!> AIkido Lesson @Gifu Media Cosmos (15 : 15–16 : 45)
- 01 / 04 (Sat.) …The Aikido Experience Event @Gifu Media Cosmos (17 : 15–18 : 45)
- 01 / 11 (Sat.) …<Once a Month!> AIkido Lesson @Gifu Media Cosmos (17 : 15–18 : 45)
- 02 / 08 (Sat.) …<Once a Month!> AIkido Lesson @Gifu Media Cosmos (15 : 15–16 : 45)
- 02 / 22 (Sat.) …The Aikido Experience Event @Gifu Media Cosmos (17 : 15–18 : 45)
- (Planned) 03/09 (Sun): Demonstration Event (All Classes Combined)