

★Practice Site :

- No.1··Gifu Civic General Gymnasium ·A··Judo Hall
- No.2··Gifu City Gymnasium ·B··Martial arts training hall
- No.3··GIFU MEDIA COSMOS (ODORU STUDIO)

Revised:12/02/2024

01 / 2025 Schedule

(1) General Class (G)

Mon.		Wed.	Thu.	Sat.	Sun.	Notes		
G	B&B	G	B&B	G	G			
	(2).		(2).		★5	★5(Sun.): Special Practice with Jō (*Bring your own Jō if you have.)		
							11 : 10~	
						1-A		
6				8		★11	12	★11(Sat.) @GIFU MEDIA COSMOS (ODORU STUDIO)
19 : 15~				19 : 15~		10 : 20~	11 : 10~	
1-A				2-A		3	1-A	
★13				15		18	19	★13(Mon.) @Martial arts training hall
19 : 15~				19 : 15~		10 : 20~	11 : 10~	
1-B				2-A		1-A	1-A	
20				22		25	26	
19 : 15~		19 : 15~		10 : 20~	11 : 10~			
1-A		2-A		1-A	1-A			
★27		29				★27(Mon.): Closed		
Closed		19 : 15~						
		2-A						

(2) Basic & Breathing Class (B&B)

Mon.		Wed.	Thu.	Sat.	Sun.	Notes
G	B&B	G	B&B	G	G	
	6		9			★5(Sun.): Special Practice with Jō (*Bring your own Jō if you have.)
	11 : 10~		09 : 10~			
	2-A		2-A			
	13		16			
	11 : 10~		10 : 20~			
	2-A		2-A			
	20		23			
	11 : 10~		09 : 10~			
	2-A		2-A			
	27		30			
	11 : 10~		10 : 20~			
	2-A		2-A			

【Upcoming events】

- 01 / 04 (Sat.) …The Aikido Experience Event @Gifu Media Cosmos (17 : 15–18 : 45)
- 01 / 11 (Sat.) …<Once a Month!> AIkido Lesson @Gifu Media Cosmos (17 : 15–18 : 45)
- 02 / 08 (Sat.) …<Once a Month!> AIkido Lesson @Gifu Media Cosmos (15 : 15–16 : 45)
- 02 / 22 (Sat.) …The Aikido Experience Event @Gifu Media Cosmos (17 : 15–18 : 45)
- (Planned) 03/09 (Sun): Demonstration Event (All Classes Combined)
- 03 / 15 (Sat.) …The Aikido Experience Event @Gifu Media Cosmos (17 : 15–18 : 45)
- 03 / 22 (Sat.) …<Once a Month!> AIkido Lesson @Gifu Media Cosmos (15 : 15–16 : 45)