

★Practice Site :

- No.1...Gifu Civic General Gymnasium
- A...Judo Hall
- No.2...Gifu City Gymnasium
- B...Martial arts training hall
- No.3...GIFU MEDIA COSMOS (ODORU STUDIO)

Revised:08/05/2025

08 / 2025 Schedule (2)

(1) General Class (G)

Mon.		Tue.	Wed.	Thu.	Sat.	Sun.	Notes
G	B&B	G		B&B	G	G	
					★2 17 : 10~	★3 11 : 10~	★3(Sun.): Special Practice with Jō (*Bring your own Jō if you have.)
					2-A	1-A	
4 19 : 15~		5 19 : 15~	6 19 : 15~		★9 Closed (→5)	★10 11 : 10~	
1-A	Note: Held irregularly → To participate, please use this QR code. 	2-A	2-A		★16 17 : 10~	★17 11 : 10~	
★11 19 : 15~			13 19 : 15~	(2).	2-A	2-A	
1-B			2-A		23 17 : 10~	24 11 : 10~	
18 19 : 15~			20 19 : 15~		1-B ★30 16 : 10~	1-A 31 11 : 10~	★25(Mon.): Closed
1-B ★25 Closed			27 19 : 15~		3 1-A		
			2-A				

(2) Basic & Breathing Class (B&B)

Note: To reschedule to a Monday, please notify us at least 8 days in advance.

Mon.		Tue.	Wed.	Thu.	Sat.	Sun.	Notes
G	B&B	G		B&B	G	G	
							★3(Sun.): Special Practice with Jō (*Bring your own Jō if you have.)
				7 10 : 20~			
				2-A			
				14 10 : 20~	(1).	(1).	
				2-A			
				21 10 : 20~			
				2-A			
				28 10 : 20~			
				2-A			

[Upcoming events]