

★Practice Site :

- No.1··Gifu Civic General Gymnasium ·A··Judo Hall
- No.2··Gifu City Gymnasium ·B··Martial arts training hall
- No.3··GIFU MEDIA COSMOS (ODORU STUDIO) ·No.4··Gifushi Seibu Gymnastics

Revised:06/08/2026

07 / 2026 Schedule

(1) General Class (G)

B&B+G (weekday morning)	Mon.	Tue.	Wed.	Thu.	Sat.	Sun.	Notes	
	G	G	G	B&B	G	G		
<p>Note: Held irregularly ↓ To participate, please use this code.</p>			1 19 : 15~	(2).	4 19 : 10~	★5 11 : 10~	<p>★5(Sun.): Special Practice with Jō or Bokken (*Bring your own if you have.)</p>	
			2-A			1-B		1-A
	6 19 : 15~		8 19 : 15~			11 19 : 10~	12 11 : 10~	
	1-A		2-A			1-B	2-A	
		14 19 : 15~	15 19 : 15~			18 19 : 10~	19 11 : 10~	
		2-A	2-A			2-A	1-A	
	20 19 : 15~		22 19 : 15~			★25 Seminar	26 11 : 10~	<p>★25(Sat.): @Aikido Seminar in Takayama City</p>
	1-A		2-A			in Takayama	1-B	
	27 Closed	28 Closed	29 19 : 15~					
			2-A					

(2) Basic & Breathing Class (B&B)

Note: To reschedule to weekday morning, please notify us as soon as possible.

B&B+G (weekday morning)	Mon.	Tue.	Wed.	Thu.	Sat.	Sun.	Notes
	G	G	G	B&B	G	G	
<p>Note: Held irregularly ↓ To participate, please use this code.</p>	(1).	(1).	(1).	2 10 : 20~	(1).	(1).	<p>★5(Sun.): Special Practice with Jō or Bokken (*Bring your own if you have.)</p>
				2-A			
				9 10 : 20~			
				2-A			
				16 10 : 20~			
				2-A			
				23 10 : 20~			
				2-A			
30 10 : 20~							
				2-A			